TECHNICAL PROGRESS INFLUENCE ON PEOPLE

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We all live in times of rapid technical progress. In last 50 years technologies made great step forward. Computers, cell phones, TVs, cars, mp3-players are common thing in our life. Even children play high-tech toys that were impossible to imagine 50 years ago.

In last years we started to hear more often questions about influence of all this things on people's life and health. We can hardly find direct and one-sided answer to this question. Anyway there are some facts that are not doubtful.

Lets look for example at computer influence on the humans. It's fact that it harms our eyes, it harms our skeleton – we sit down in front of it in strange unusual pose, it radiates EM fields and some dose of radiation. Also while working on the PC we make great load on our brain.

I want to stop on the question about EM fields and human health, because there are some different points of view on this problem. Some scientists insist that EMR is harmful, it causes sleep disorders, headaches, vision blurriness, high blood pressure, weakness, and other symptoms. In the same time WHO (World Health Organization) rejects the possibility of EMR influence on the human health. Critics say that WHO is not objective, because rejection of harmful influence of EMR is of great interest for politics and economics. So it's up to us who to believe. As for me, I think that EMR does harm our body, but I believe that it's not too bad. By the way facts about EMR mentioned above are also applied to all electric devices we use today.

Other problems that appeared with new technologies are human behavior changes. We often see people who type all day long tons of SMS. People prefer to communicate via intent or cell phones rather then meet each other in cafes. New type of mental disease appeared. That's Internet or computer attraction. People just spend all their free time uselessly sitting in front of computer's displays. We also hear about people who are dating online and doing some other weird things online. That's not natural!

I'm not saying that technical progress is bad thing are we don't need it. I just want to point out that with all positives it has lot's of negatives. Of course our life became easier, we have unlimited access to the information, we don't need to work hard, we have some unusual fun toys to entertain ourselves. I just want us to understand all risks and to protect ourselves form harm that could be done.